



# Expressive Therapies Division **Licensure Worksheet** for Pre-Master's Requirements

*If you will be pursuing counseling licensure in a state other than Massachusetts, we strongly encourage you to complete this worksheet prior to enrolling in the program.*

**Step 1** Find your state counseling licensure board's contact information. To locate a licensure board's contact information, you can visit the NBCC's State Board Directory at: [www.nbcc.org/directory](http://www.nbcc.org/directory)

<b>License Board Contact Information for the State of:</b>	
Board Contact Person:	
Address:	
Phone:	Fax:
Email:	Website:

**Step 2** Visit the licensure board's website. Explore licensure requirements and take notes using the chart below.

	<b>MASSACHUSETTS</b>	<b>YOUR STATE</b>
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### Title of License

<i>Credential</i>	Licensed Mental Health Counselor (LMHC)	
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### Field Training Requirements

<i>Total Field Training Hours</i>	<b>Minimum of 700 hours</b> » Practicum = 100 hours minimum over at least 7 weeks » Internship = 600 hours minimum » "Practicum" & "Internship" are MA definitions. » They must be completed in chronological order.	
<i>Direct Client Contact Hours</i>	<b>Minimum of 280 hours</b> » Practicum = 40 hours minimum » Internship = 240 hours minimum	
<i>Supervisor Hours</i>	<b>Minimum of 70 hours</b> <b>Practicum = 25 hours minimum</b> » Including a minimum of: 10 hours individual, 5 hours group, remaining 10 hours either group or individual.  <b>Internship = 45 hours minimum</b> » Including a minimum of: 15 hours individual, 15 hours group, remaining 15 hours either group or individual.	

Supervisor Hours	<p><b>Minimum of 70 hours</b>  <b>Practicum = 25 hours minimum</b></p> <p>» Including a minimum of: 10 hours individual, 5 hours group, remaining 10 hours either group or individual.</p> <p><b>Internship = 45 hours minimum</b></p> <p>» Including a minimum of: 15 hours individual, 15 hours group, remaining 15 hours either group or individual.</p>	
Supervisor Credentials	<p>An approved supervisor is a practitioner with <b>three years</b> of Full Time or the equivalent Part Time <b>post-licensure</b> clinical Mental Health Counseling experience who is also either:</p> <ol style="list-style-type: none"> <li>MA Licensed Mental Health Counselor, <b>LMHC</b></li> <li>MA licensed independent clinical social worker, <b>LICSW</b></li> <li>MA licensed marriage and family therapist; <b>LMFT</b></li> <li>MA <b>licensed psychologist</b> with Health Services Provider Certification;</li> <li>MA <b>licensed physician</b> with a sub-specialization in <b>psychiatry</b>;</li> <li>MA <b>licensed nurse practitioner</b> with a sub-specialization in <b>psychiatry</b>; or,</li> <li>where practice and supervision occur outside of the Commonwealth of Massachusetts, an individual who is an independently licensed mental health practitioner with a license or registration equivalent to (a)-(f).</li> </ol>	
<p><b>Notes on Supervision: (1) in Massachusetts, either pre or post master’s degree you must accumulate 75 hours of supervision with an LMHC or equivalent out of state counselor credential</b></p>		

## Education Requirements in Master’s Degree

# Credits	60	
Specific Courses Required	<ul style="list-style-type: none"> <li>» Counseling Theory</li> <li>» Human Growth and Development</li> <li>» Psychopathology</li> <li>» Social &amp; Cultural Foundations</li> <li>» Clinical Skills</li> <li>» Group Work</li> <li>» Special Treatment Issues</li> <li>» Appraisal</li> <li>» Research and Evaluation</li> <li>» Professional Orientation</li> </ul>	

While not required in Massachusetts, Vocational Counseling is offered as an elective. **ALSO WRITE ANY ADDITIONAL REQUIREMENTS BELOW.** Note, for example, any mention of requirements concerning online learning, face-to-face residency requirements, program accreditation requirements, or required trainings (e.g. mandated reporting) that may be in place in your state.

*\*\*PLEASE NOTE that there are additional “Post-Master’s” requirements for licensure every state. These may include a pre-professional license which will permit you to accrue the post-master’s’ hours required for the professional licensure.*